#### DETAILED REPORT FOR EXTENSION ACTIVITY

**Documents Provided** 

1. Summary of Extension activities with number of participants and details of collaborators

2 Report of extension activities

#### **EXTENSION ACTIVITIES**

Name of the activity	Organising unit/ agency/	Year/date of the activity	DETAILS OF COLLABORATING AGENCY	NO OF PARTICIPANT S
	collaborating agency		AGENCY	3
BLOOD DONATION CAMP	NSS,MURALIDHAR GIRLS' COLLEGE IN COLLABORATION WITH NIL RATAN SARKAR HOSPITAL	20.5.2022(Blood donation 14.5.2022- awareness drive	<ul> <li>A.NIL Ratan Sarkar Medical College is located in Sealdah ,Kolkata,West</li> <li>Bengal. Address- .138,AJC Bose Road</li> <li>Kolkata,West Bengal</li> <li>700014 Ph. No 033 2286 0033</li> <li>B.NSS has 2 units.</li> <li>The 1st unit started functioning 2003 and</li> </ul>	34 donors 3 volunteers
			the 2nd started in 2015	
POSTER CAMPAIGN AGAINST PLASTIC USE	NSS, MURALIDHAR GIRLS' COLLEGE	27.3.2022	Muralidhar Girls' College NSS has 2 units. The 1st unit started functioning 2003 and and the 2nd started in 2015	31

<b>[</b>			-	I
ONE BILLION RISING CAMPAIGN	MURALIDHAR GIRLS' COLLEGE AND SWAYAM	14.2 .2022	Swayam is a feminist organisation committed to advancing women's rights and ending discrimination and violence against women and girls. Adress-9/2B Deodar Street, Kolkata 700019 Phn no-(+91) 03324863368 or	7
NO TOBACCO DAY OBSERVATION	MURALIDHAR GIRLS' COLLEGE and 1 BENGAL GIRLS' BN NCC	31.5.2022	(+91) 0332486 3367 NCC Muralidhar Girls' College is under 1 Bengal Girls Bn NCC Bengal Battalion Girls NCC Address- 157/1, Jodhpur Park, Kolkata, West Bengal 700068, India	15
CLEAN INDIA PROGRAMME	1 BENGAL GIRLS' BN NCC AND MURALIDHAR GIRLS' COLLEGE NCC UNIT	27.10.2021	A.1 Bengal Battalion Girls NCC Address- 157/1, Jodhpur Park, Kolkata, West Bengal 700068, India B.NCC, Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit. It is under 1 Bengal Girls BN NCC	11
PUNIT SAGAR AVIYAN ON PRINCEP GHAT	MURALIDHAR GIRLS' COLLEGE NCC AND NCC KOL- C GROUP	24.12.2021	A.NCC KOL C GROUP- Address: 106G, Block F, New Alipore, Kolkata, West Bengal 700053 <b>B.</b> NCC,Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit. It is under 1 Bengal Girls BN NCC	16

WORLD HEARING DAY	MURALIDHAR GIRLS' COLLEGE NCC AND ANWESHA KOLKATA	3.3.2022	ANWESHA KOLKATA- Anwesha Kolkata is a well-known organization in the field of disability in West Bengal. It is an organization of parents and well- wishers of children and persons with hearing impairment.3/91, Chittaranjan Colony Kolkata 700 032 West Bengal, India Ph: +913324258673	19
MGC COVID HELPLINE	NSS UNIT AND DEPARTMENT OF BENGALI,MURALID HAR GIRLS' COLLEGE	2020 AND 2021	The Department of Bengali started its journey since the inception of Muralidhar Girls` College in the year 1940.The Department has the provision of Honours and General Course under Calcutta University.	13
SEMINAR ON COVID 19 HEALTH ISSSUES	NSS UNIT, MURALIDHAR GIRLS' COLLEGE AND SPEAKERS-DR CHANDRAMOULI BHATTACHARYA AND DR DIBYENDU ROYCHOUDHURI	14.8.2020	A. DR CHANDRAMOULI BHATTACHARYA- MD(Tropical Medicine )MRCP(Ireland) Consultant in Tropical and General Medicine with Infectious Diseases. Worked as Consultant in Adult Covid Team, Peerless Hospital B. DR Dibyendu Raychaudhuri MBBS DCH, MD Paediatrics. Deputy Director, P.C.O., HIV Care, Medical College Kolkata. Executive Committee Member WB Academy of	200

			Paediatrics B. Muralidhar Girls' College NSS has 2 units. The 1st unit started functioning 2003 and the 2nd started in 2015	
DISTRIBUTION OF MASKS AND SANITISERS	MURALIDHAR GIRLS' COLLEGE,NSS Unit	Sep-20	Muralidhar Girls' College NSS has 2 units. The 1st unit started functioning 2003 and the 2nd started in 2015	7
SWAACH BHARAT IN COLLEGE PREMISES	NCC, MURALIDHAR GIRLS'COLLEGE	10.4.2021- 15.4.2021	.NCC, Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit. It is under 1 Bengal Girls BN NCC	12
TREE PLANTATION AFTER AMPHAN CYCLONE	MURALIDHAR GIRLS' COLLEGE NCC UNDER 1 BENGAL GIRLS BN NCC	July 2020	<ul> <li>A. NCC, Muralidhar</li> <li>Girls' College-Captain</li> <li>Kaberi Roy is in</li> <li>charge of the College</li> <li>NCC unit. It is under 1</li> <li>Bengal Girls BN NCC.</li> <li>B.1 Bengal Battalion</li> <li>Girls NCC Address-</li> <li>157/1, Jodhpur Park,</li> <li>Kolkata, West Bengal</li> <li>700068,</li> </ul>	25
WORLD PLOGGING RUN	NCC MURALIDHAR GIRLS' COLLEGE IN COLLABORATION WITH KOLKATA C GROUP NCC	13.4. 2021	A.NCC, Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit.It is under 1 Bengal Girls BN NCC .B.NCC KOL C GROUP- Address: 106G, Block F, New Alipore, Kolkata, West Bengal 700053	6

COVID 19 VACCINATION DRIVE	MURALIDHAR GIRLS' COLLEGE AND TECHNO INDIA DAM HEALTH CARE AND MEDICAL CENTRE	31.5.2021	Techno India Group, a pioneer in the field of education and healthcare, has established a flagship project in Kolkata - a 300+-bedded Super Multispecialty Surgical Hospital. The hospital is equipped with state-of-the-art facilities and is committed to providing the best healthcare services to patients .Address-LB 10 Eastern Metropolitan Bypass, Chingrighata Flyover, Sector III, Landmark: Near Chingrighata	212
BLOOD DONATION CAMP	NSS,Muralidhar Girls' College IN COLLABORATION WITH NIL RATAN SARKAR HOSPITAL	20.2.2020 AND 4.3.2020	Crossing, Kolkata Phone number 033 4058 5950 A.NIL Ratan Sarkar Medical College is located in Sealdah ,Kolkata, West Bengal. Address 138, AJC Bose Road Kolkata, West Bengal 700014 Ph. No 033 2286 0033 <b>B.</b> NSS has 2 units .The 1st unit started functioning 2003 and the 2nd started in 2015	122(DONORS) 15 Volunteers

RALLY FOR DIFFERENTLY ABLED	NSS, MURALIDHAR GIRLS' COLLEGEIN COLLABORATION WITH DAF(DISABILITY ACTIVIST FORUM)	3.12.2019	A.DAF WB (DISABILITY ACTIVIST FORUM)-Disability Activists Forum (DAF) comprises of NGOs working in the field of disability, Parents Associations, Social Activists, persons with disabilities and individuals.098315 87378 disabilityactivistsforu mwb@gmail.com B.NSS ,Muralidhar Girls' Collegehas 2 units .The 1st unit started functioning 2003 and and the 2nd started in 2015	30
GO YELLOW CAMPAIGN	NSS,MURALIDHAR GIRLS' COLLEGE IN COLLABORATION WITH LIFE LINE FOUNDATION	8.9.2019	Lifeline Foundation in an 80G registered Non-Profit Organization based out of Kolkata, India. Lifeline was conceptualized 24 years ago by the late Ravinder Singh with the vision to provide individuals a space to talk freely and anonymously.Contac t details-F3/G1, RIC Industrial Estate,Upen Banerjee Road, Parnasree.Kolkata- 700060. contact@lifelinefoun dation.in	20
CANCER AWARENESS RALLY	1 BENGAL GIRLS' BN NCC AND MURALIDHAR GIRLS' COLLEGE NCC UNIT	12.12.2019	A.1 Bengal Battalion Girls NCC Adress- 157/1, Jodhpur Park, Kolkata, West Bengal 700068, India B.NCC, Muralidhar Girls' College-Captain Kaberi Roy is in	20

			charge of the College NCC unit.It is under 1 Bengal Girls BN NCC	
PARTICIPATION INSAFE DRIVE SAVE LIFE	MURALIDHAR GIRLS' COLLEGE NCC IN COLLABORATION WITH KOLKATA POLICE	10.1.2020	A. Kokata Police Head Quarters 18, Lalbazar Street, Kolkata - 700 001 B- NCC,Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit. It is under 1 Bengal Girls BN NCC West Bengal, India EPABX Number: (91- 33) 2250-5000	21
SWAACH BHARAT CAMPAIGN IN VICTORIA MAIDAN	MURALIDHAR GIRLS' COLLEGE NCC UNIT	7.12 .2019	NCC, Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit. It is under 1 Bengal Girls BN NCC	10
PARTICIPATION	WOMEN'S CANCER INITIATIVE, TATA MEMORIAL HOSPITAL ALONG WITH NCC,MURALIDHAR GIRLS' COLLEGE	7.4 2019	Womens Cancer Initiative – Tata Memorial Hospital (WCI-TMH) is a non profit NGO led by, Dir. Tata Memorial Center. Dr. R.A. Badwe (President), Mrs. Devieka Bhojwani (Vice- President) and Dr. Sudeep Gupta (General Secretary) along with other cancer physicians & surgeons and volunteers. The Initiative's core activity comprises material support of socially and economically disadvantaged	21

			women who are diagnosed to have breast and gynecological cancers CONTACT- Room No.1109, 11th Floor, Homi Bhabha Building Dr. Ernest Borges Marg, Parel (E), Mumbai 400 012 Tel: +91-22-2417 7000	
VOTERS' DAY RALLY	MURALIDHAR GIRLS' COLLEGE NCC UNIT	2.5.1 .2019	NCC, Muralidhar Girls' College-Captain Kaberi Roy is in charge of the College NCC unit.It is under 1 Bengal Girls BN NCC	21
HEALTH CAMP	NSS MURALIDHAR GIRLS' COLLEGE IN COLLABORATION WITH MEDICA SUPERSPECIALITY HOSPITAL	3.10.2018 &4.10.2018	A.Medica Hospitals, one of the most reputed and leading healthcare chains in eastern India today, has built and managed a number of multispecialty and superspecialty healthcare facilities across the region over the past few years.CONTACT+91 33 66520000 MEDICA Superspecialty Hospital 127 Mukundapur, E.M. Bypass, Kolkata, W.B. Pin: 700099	65

			B.Muralidhar Girls' College NSS has 2 units .The 1st unit started functioning 2003 and and the 2nd started in 2015	
CLOTHES DISTRIBUTION TO UNDER PRIVELEDGED	NSS MURALIDHAR GIRLS; COLLEGE	25.2.2018	Muralidhar Girls' College NSS has 2 units .The 1st unit started functioning 2003 and and the 2nd started in 2015	15
POSTER CAMPAIGN ON ENVIRONMENT AL AWARENES	NSS MURALIDHAR GIRLS; COLLEGE NSS UNIT	11.9.2017	Muralidhar Girls' College NSS has 2 units .The 1st unit started functioning 2003 and and the 2nd started in 2015	30

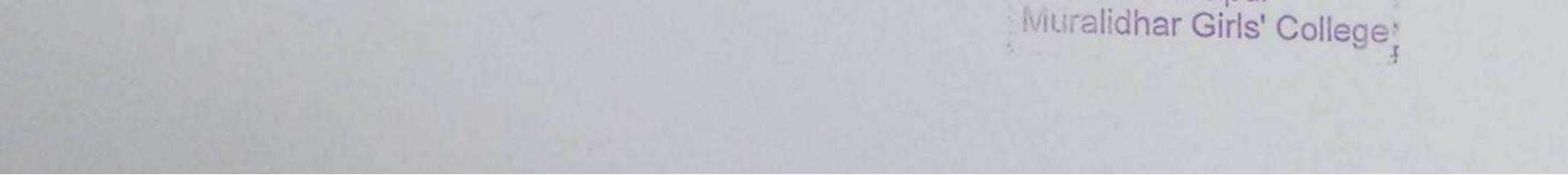
# Blood Donation Camp organised by NSS on 20.05.2022

Blood donation camp on 20th May, 2022- Blood donation camp was organised in College premise by NSS Unit 1 and 2 in Collaboration with Nil Ratan Sarkar Medical Hospital. Awareness Campaign in local community regarding blood donation was organised on 14thMay, 2022. Many people of our country die due to the deficiency of blood when required. Some people in our society are scared of donating blood. So to increase the awareness to donate blood and to remove fear in the people the NSS unit of Muralidhar Girls' College organised an awareness programme regarding blood donation on 14th May, 2022. Blood donation camp in collaboration with Nil Ratan Sarkar Medical Hospital was conducted successfully. 3 NSS volunteers took active participation in the awareness campaign and 34 units of blood were donated for the use of 136 patients in need



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# Poster Campaigning against the use of plastics was organized on 27.03.2022

Poster Campaigning against the use of plastics was organized on 27.03.2022 on the 3rd day of NSS Special Camp 2021-2022. Few posters were prepared in Bengali and in English. Volunteers divided in two groups to work properly. 31 Volunteers in team went for a special awareness campaign for minimising the use of plastics in Gariahat Market. The shop keepers were told about the disadvantages of plastic use and suggested them some alternative ways.





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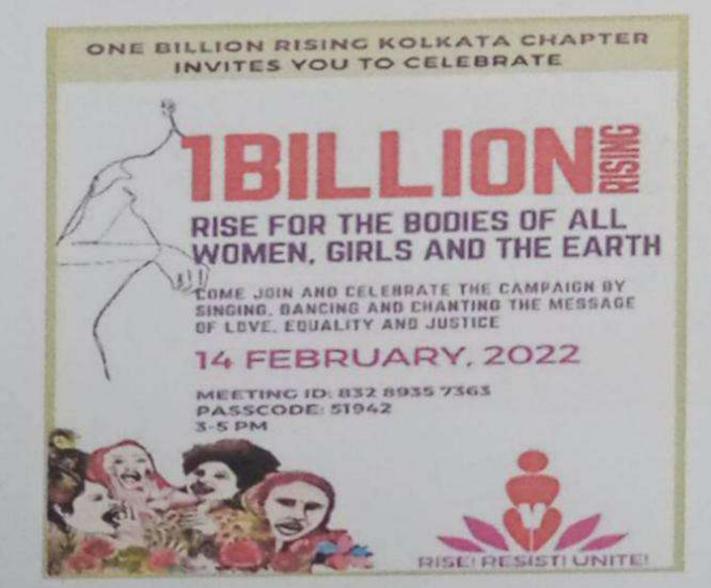


# PARTICIPATION IN ONE BILLION RISING CAMPAIGN FOR WOMEN EMPOWERMENT (14 TH FEB 2022)

All through the year the college works in collaboration weeks with Swayam for women empowerment. On 14th February 2022, a zoom meeting was organised titled "one billion rising" to discuss how violence against women, fascism, imperialism, capitalism etc. has increased during pandemic and this has led to increase in injustice and hatred towards minority including women. 7 participants joint from the meeting.

### ZOOM MEETING LINK:

https://us02web.zoom.us/j/83289357363?pwd=YXpIS1IDeW1DZXY3WmZLek1mcFpXZz09

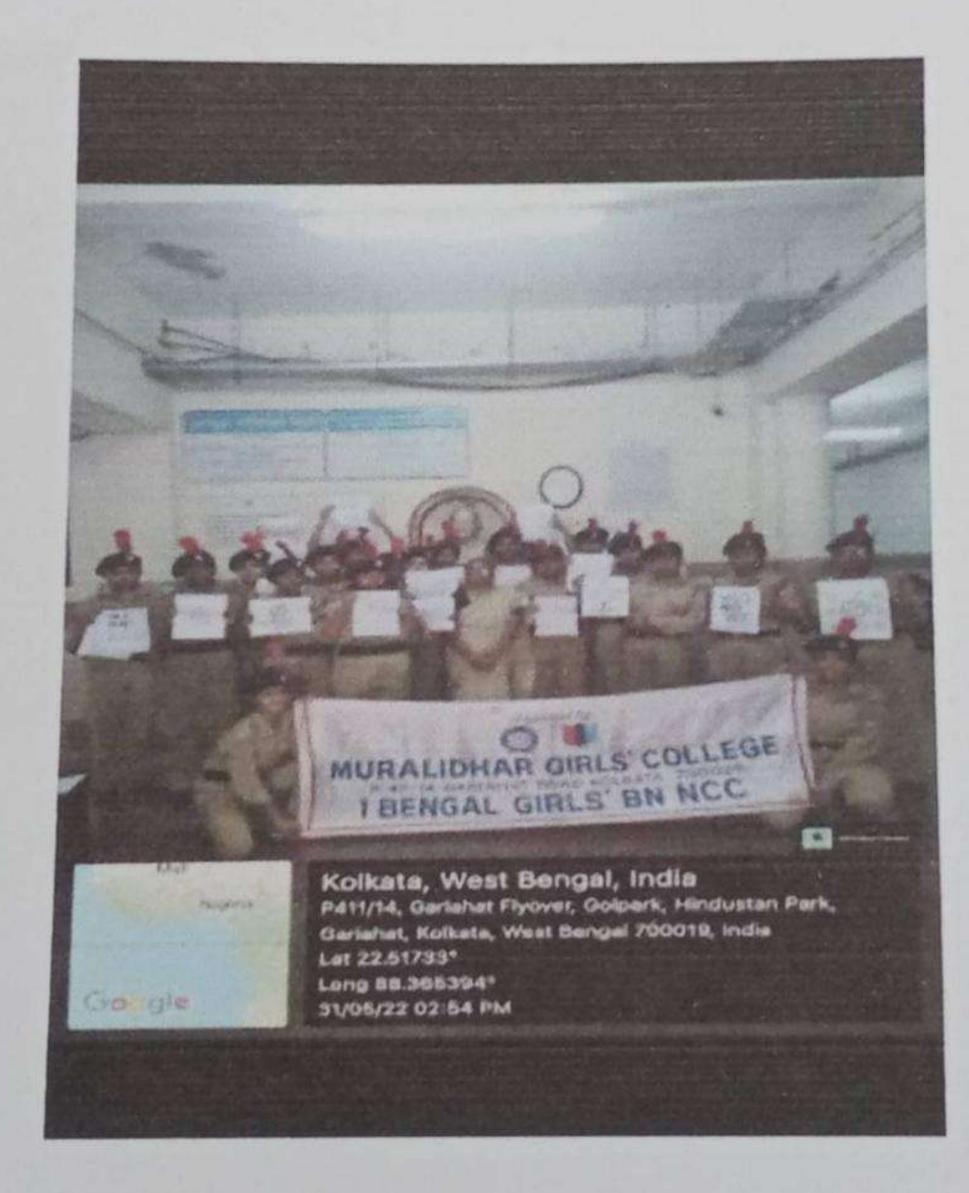


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### NO TOBACCO DAY(31.5.2022)

Our cadets participated a rally for "No Tobaco Day "organised by 1Bengal Girls'Bn NCC and MuralidharGirls'College on 31st May 2022. The 15 cadets who participated areDeboshreeGhosh,RajashreeGhosh,NikitaMondal,MoumitaPaul,PampaDey,JhumpaPramanik,Sudi paBarui,SulekhaDas,Tithias,Sandhya Kumari Sah,Muskan Kumari Prasad,Sumi Majhi,,KoyelSingh,ManishaPaul,SomaBhattacharya.yelSingh,ManishaPaul,Soma Bhattacharya.



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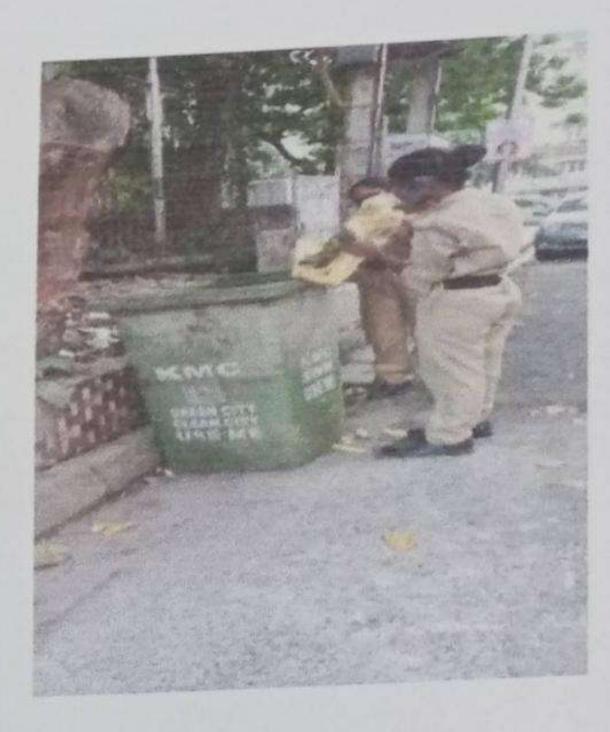
# Clean India Programme on 27th October 2021

Clean India Programme on 27<sup>th</sup> October 2021 wasorganized by 1 bengalGirls'Bn NCC and Muralidhar Girls' NCC Unit

The 11 cadets who participated in it are Sgt Pubali Roy Chowdhury DeboshreeGhosh,CPLRajashree Ghosh Chitra Mondal,CDtMuskankumariPrasad,CDT Reshmi Khatoon,Cdt Sandhya Kumari Sah,CPL Shreya Kumari Prosad,CPL Papiya Halder, Pampa dey,Neha Kumari Sah participated in Clean India.







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# PUNIT SAGAR AVIYAN ON PRINCEP GHAT(24.12.2021)

PUNIT SAGAR AVIYAN with the goal to achieve clean water bodies was undertaken on Princep Ghat on 24<sup>th</sup> December 2021 organised by NCC KOL –C Group head Quarter with Chief Guest EveresterDebashis Biswas

The16cadetswhoparticipatedare.RajashreeGhosh,DeboshreeGhosh,ChitraMandal,KritteekaRoy,SumiMajhi,SonaiMaityIshaPaul,Bidish<br/>aDas,SanskritiKuhushwa,SnehaareDasSudipaBarui,PiuSardar,NehaDebnath,MoumitaPaul,PrityShaw,Shreya Prasad.Das



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### WORLD HEARING DAY (3.3.2022)

Our cadets participated in World hearing Day campaigning and rally on 3<sup>rd</sup> March 2022 organised by Anwesha Kolkata.

19 Cadets who participated areCdt Chitra Mandal,CdtRajashreeGhosh,CdtDeboshreeGhosh,Cdt Rita Naskar,CdtSayaniSaha,Cdt.ReshmiKhatoon,CdtSmitiGhatak,Cdt Nidhi Kumari Giri,CdtMuskankumariPrasad,CadetMadhumitaHalder,Cadet Annapurna Halder,CadetKritteeka Roy ,Cadet Sandhya Kumari Sah,CadetSanskritiKhushwa,Cadet Manisha Paul,RaniKumari,PujaNayak,MouliHazra, Ipsita Roy.



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### MGC COVID HELPLINE 2020-21

The NSS Units of Muralidhar Girls' College and Bengali Department have taken the initiative to start Covid Pandemic helpline. The objective was to assist people who were in need of relevant information about oxygen, medicines, hospitalbeds, foodetc. The contact numbers of the students were provided so they they many be contacted with family members of Covid 19 affected patients.

No of students who participated=13



MGC COVID HELP LINE
<u>NSS UNITS</u>
<u>&</u>
<u>DEPARTMENT OF BENGALI</u>



### MURALIDHAR GIRLS' COLLEGE

OF

NSS VOLUNTEERS AND STUDENTS OF THE INSTITUTE INITIATES "MGC COVID HELPLINE" IN THIS PANDEMIC SITUATION. IN CASE OF EMERGENCY WE ARE TRYING TO ASSIST PEOPLE IN NEED WITH UPDATED INFORMATION

REGARDING - DXYGEN CYLINDERS

\*HOSPITAL TRANSFER

\*TELE CONSULTATION OF DOCTOR \*ROME CARE SERVICES LIKE FOOD, MEDICINES ETC.

PLEASE FOLLOW SOME SIMPLE PRECAUTIONS:-WEAR A MASK, MAINTAIN SOCIAL DISTANCE, SANITIZE YOUR HANDS AND BELONGINGS AT REGULAR INTERVALS, KEEP YOUR ROOMS WELL VENTILATED AND STAY HOME STAY SAFE. PLEASE DO IT ALL

### PLEASE FEEL FREE TO CALL OR WHATSAPP IN THE FOLLOWING NUMBERS:-

1.ANIKETA GHOSH 6290623757 3. LINA META 9330652413 5.CINTHA MARIK 8334063796 7. DEBDATTA GHOSHAL-9134100543 9.SHAYANI BAR 6291629741 11.DENJANI TRIPATHI 8240086068 13. JAYANTIROY CHOWDHURY-7044007574

2.5HOHINI BANERJEE 9748823450 4.5HREYA DAS-6290484353 6.USHA PRIMA TUNG-7044216905 8.MOULI MITRA-8927780251 10.PINTI DAS-9330576525 12.PR/TILATA MONDAL-8017199674

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### SEMINAR ON COVID 19 HEALTH ISSUES :14TH August 2020

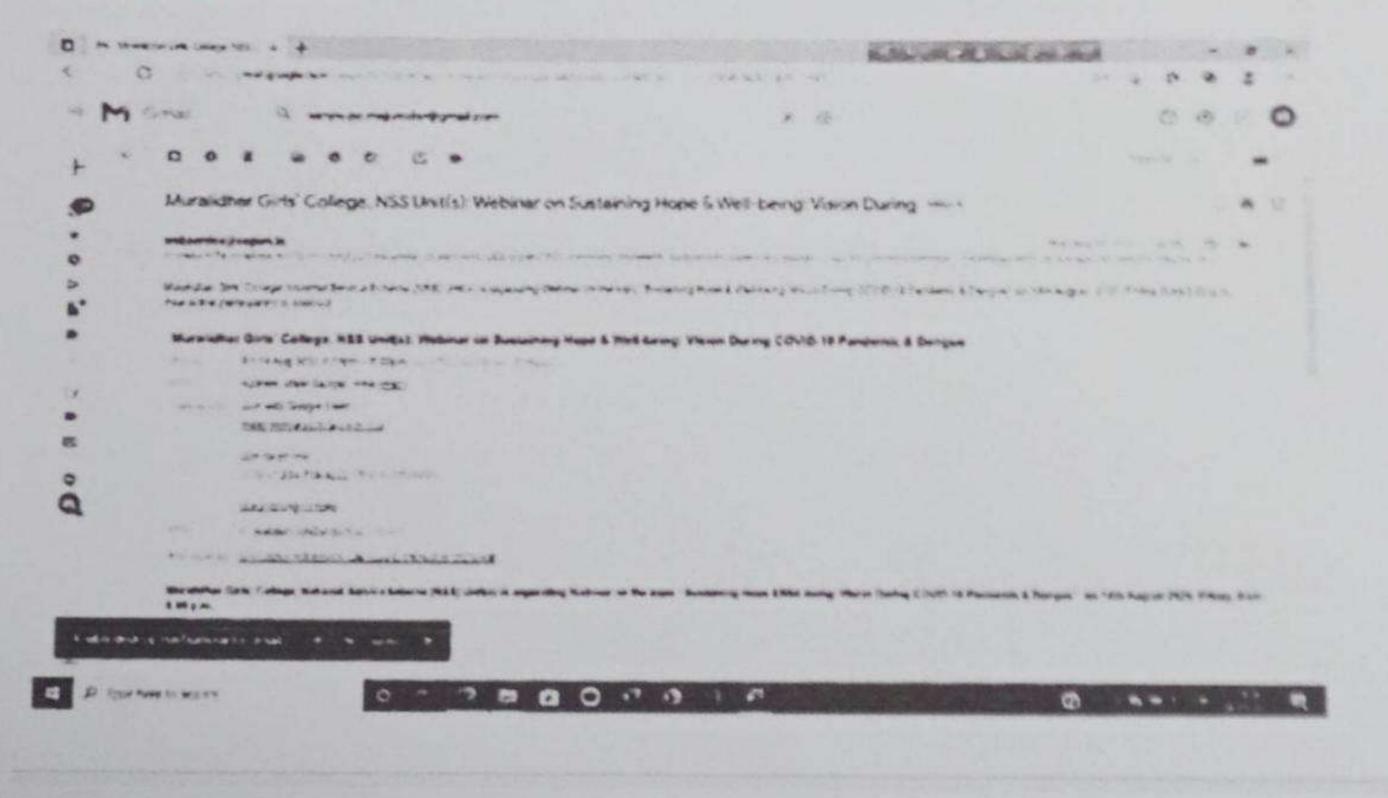
Webinar on "Sustaining Hope & Well-being: Vision During COVID-19 Pandemic & Dengue" was organised by NSS Unit(s) of Muralidhar Girls' College to be held on 14<sup>th</sup> August 2020 at 6:00 PM onwards has been accepted for participation. Almost 60 faculties joined and actively participated via google meet and you tube live streaming was also done to accommodate huge number of student and parents' participation. More than 150 participants joined you tube live.

YouTube StreamingLink:<u>https://www.youtube.com/watch?v=MuR\_PiLyyyg&feature=youtu.be</u>

Google form link for the feedback form for the webinar to get your participation

### certificate.Feedback Link -https://forms.gle/8z6ECh6vYz9nbZ7w6

### No of participants-200

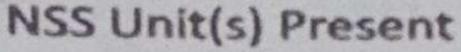


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# MURALIDHAR GIRLS' COLLEGE



Not Me But You

Webinar on -

"Sustaining Hope & Well-being: Vision During COVID-19 Pandemic & Dengue"



<u>Chief Potron:</u> Dr. Kinjalkini Biswas Principal Muralidhar Girts' Collage

### Date: 14th August 2020 (Friday) / Time: 6 p.m.



Speaker

Dr. Chandramouli Bhattacharya M.D. (Tropical Medicine) MRCP (ireland) Consultant in Tropical & General Medicine with Infectious Diseases. Presently working as Consultant in Adult Covid Team. Preriess Hospital. Koikets.



Socoleci: D. Oibyendu Raychaudhuri M.B.B.S., D.C.H., M.D. Paediatrics Asst. Prof. Dept. of Paediatrics, Deputy Director P.C.O.E., HTV Care Medical College, Kolksta Executive Committee Member WD Academy of Paediatrics.

Organising Committee: NSS Unit Officers-Dr. Mineti Saha, Asst. Prof. Education Dept. Dr. Sempriti Biswas Asst. Prof. Sanskrit Dept.

Registration Link: <u>bitlas //forms.ele/UsextScOMachilus</u> Foodback Unk fwill be activated after official completion of the Weblaart https://forms.ele/8/65Codu/tr/mh/7/w6 Youtube Streaming Unk

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Technical Support: College ICT Cell.

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## DISTRIBUTION OF MASKS AND SANITISERS BY NSS UNITS (SEPTEMBER 2020)

To control the spread of COVID-19, wearing masks is important. Protective masks are said to lower the chances of coronavirus entering our respiratory system through droplets that are present in the air. Wearing of masks is especially recommended for people living in densely populated areas. Another important precautionary measure in Covid pandemic is frequent Washing of hands with plain soap and water for at least 20 seconds. If soap and water are not available, it is highly recommended to use an alcohol-based hand sanitizer that contains at least 60 percent alcohol. Police/security personnel are in continuous exposure and close contact with public, who could be potentially infective to others. Therefore, the NSS units of the college has organised face Shields, masks and sanitizers distribution programme for the officers of local police station for their own use as well as distribution in the community September 2020.

**Total participants-7** 

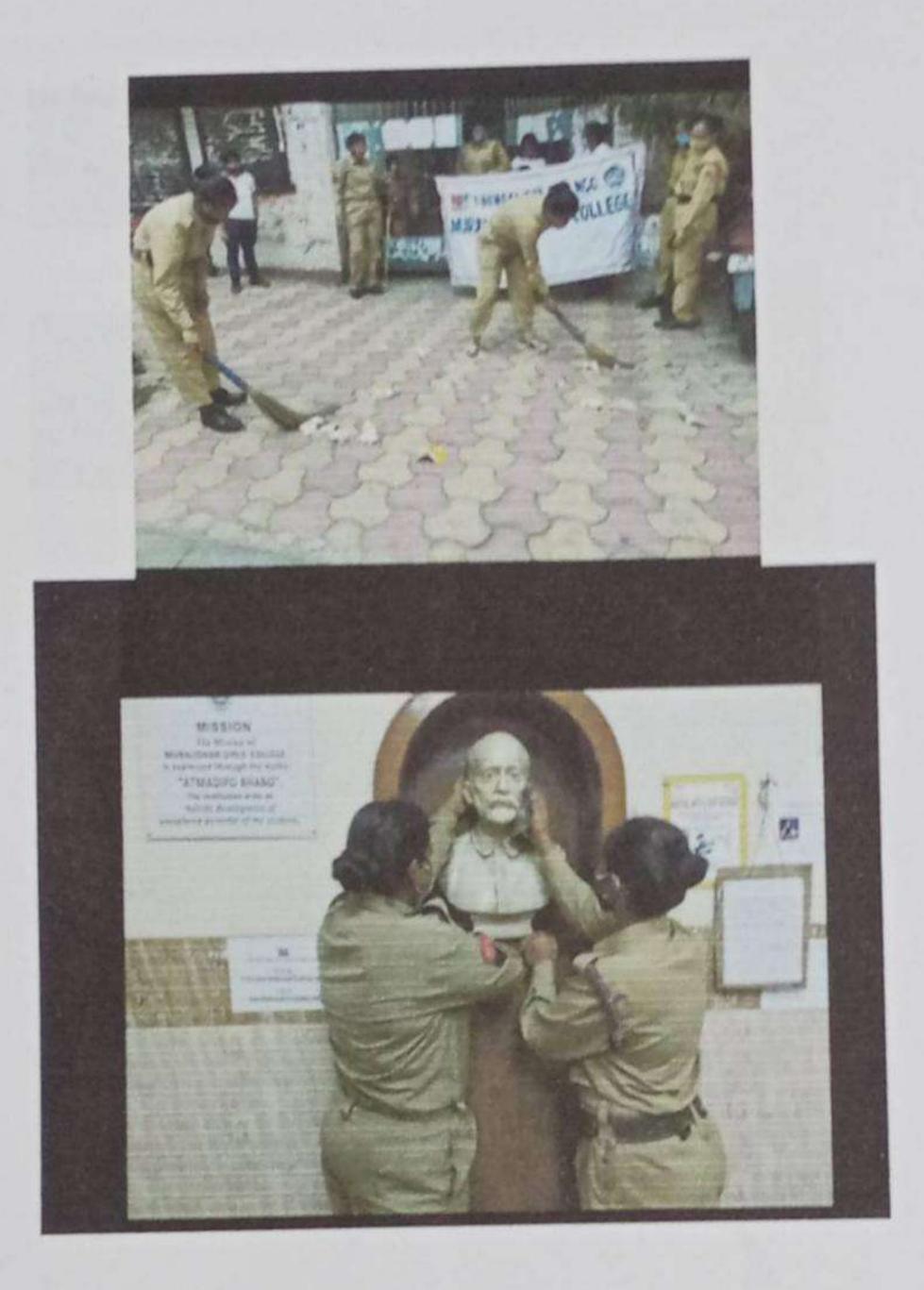


Muralidhar Girls' College National Service Scheme Wing "An Initiative to fight against Covid-19"

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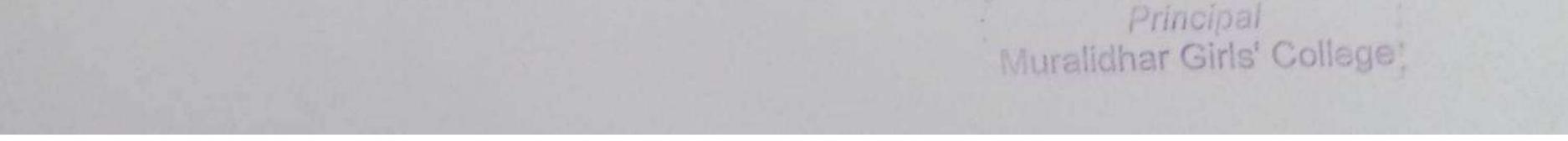
SWAAACH BHARAT CAMPAIGN IN COLLEGE PREMISES(10.4.2021-15.4.2021)



NCC Cadets participated in Swaach Bharat Aviyan in the college premises through cleaning of college compound between 10.4.2021-15.4.2021

No of cadets who participated=12

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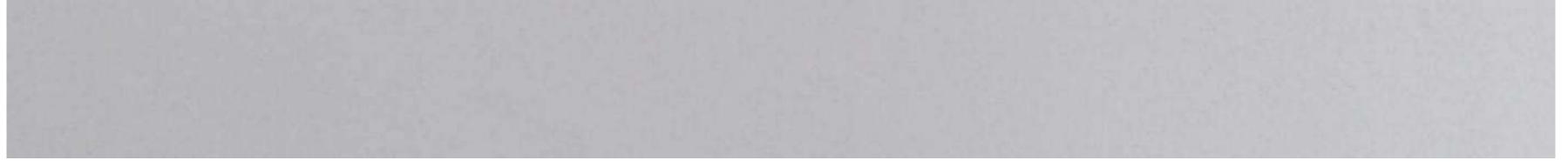
# TREE PLANTATION AFTER AMPHAN CYCLONE BY NCC, MURALIDHAR GIRLS' COLLEGE JULY 2020

After the trees were uprooted by Amphan cyclone which hit West Bengal ,the NCC Cadets participated in tree plantation in their respective neighbour hoods in July 2020

No of participants-25



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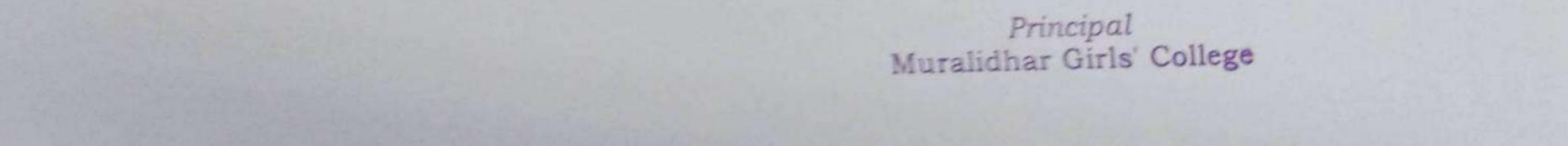








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# WORLD PLOGGING RUN DAY BY NCC (13TH APRIL 2021)

NCC Cadets participated in World Plogging Day Run on 13<sup>th</sup> April 20221 at Rabindra Sarovar Stadium.Plogging combines sports with collecting rubbish.It is aimed at keeping environment clean as well as promoting good health by keeping fit.It was held in collaboration with Muralidhar Girls' College NCC Unit and Kolkata C Group NCC.

No of Cadets who participated=6



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DR. KINJALKINI BISWAS



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# COVID 19 VACCINATION DRIVE(31.5.2021)

In collaboration with Techno India Dama Health Care and Medical Centre, Muralidhar Girls' College has organized a Covishield vaccination camp on 31<sup>st</sup> May 2021, Monday in the College Premises between 11 am to 4pm.Both 1<sup>st</sup> and 2<sup>nd</sup> dose(whichever is applicable) was given.Techno India Dama Hospital is a licensed authorized vaccine centre.Their licensed nurses and RMO were present in the college along with emergency service on the day.Cost per head was Rs 1150/.All interested person associated with the college were requested to fill the attached Google Form by 28th May, 2021 Friday, (https://forms.gle/A7gyGZ8N6KGH2fPL6) where persons to be vaccinated must be registered under Cowin

NO of participants-212



Muralidhar Girls' College "Covid-19 Vaccination Drive"

Kinjalui Binn Principal Muralidhar Girls' College



#### **BLOOD DONATION CAMPS (2020)**

On 20.02.2020 and on 04.03.2020 Blood donation Camps were organised by two NSS units in association with NRS.On first day nearly 52 and on second day yearly 70 donors have donated their blood and approximately 15 volunteers are there on both days.



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1<sup>st</sup>Bood Donation 2020

2<sup>ND</sup> Blood Donation 2020

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Principal Muralidhar Girls' College:

#### RALLY FOR THE DIFFERENTLY ABLED(2019)

On 3.12.2019, approximately 30 NSS volunteers with two Programme officers and some other NSS Committee members have joined a rally for the celebration of International day of persons with disabilities, organised by DAF.



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### GO YELLOW CAMPAIGN(8.9.2019)

On 08.09.2019, approximately NSS 20 volunteers have joined a rally for "Go yellow Kolkata" campaign(a campaign on mental well-being). It supports the cause of mental health where everyone wears yellow to show solidarity

ORGANISER- Life Line foundation and NSS Muralidhar Girls' College

Participants-20



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Principal Muralidhar Girls' College



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### CANCER AWARENESS RALLY ( 12 TH DECEMBER 2019 )BY NSS, MURALIDHAR GIRLS' COLLEGE

### ORGANISER-1 BENGAL GIRLS BN NCC AND NCC, MURALIDHAR GIRLS' COLLEGE

20 NCC cadets participated in Cancer Awareness Rally in December 2019 .The Rally aimed at removing stigma and fear attached to cancer, recognize early signs of cancer, spreading knowledge about steps that can prevent spread of cancer



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Principal Muralidhar Girls' College



# PARTICIPATION IN SAFE DRIVE SAVE LIFE MARATHON OF KOLKATA POLICE BY NCC CADETS OF MURALIDHAR GIRLS' COLLEGE ( 10 JANUARY 2020)

Organiser-Kolkata Police organised Safe Drive Save Life Marathon where NCC Cadets of Muralidhar Girls' College participated

No of participants -21

21 NCC Cadets participated in Kolkata Police Marathon for "SAFE DRIVE SAVE LIFE" ON 10<sup>TH</sup> January 2020



"Road Safety" is one of the biggest concerns in the country. State Government is committed to bring down fatalities caused on the road. The primary aim of this program is to inculcate sense of safe driving and responsible road behaviour among the masses and to spread the message of road safety in every corner of the society.

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### SWAACH BHARAT AVIYAN CAMPAIGN IN VICTORIA MAIDAN ON 7 December 2019

Swaach Bharat Campaign took place in Victoria maidan in 7 December 2019.NCC Cadets took part in cleaning the premises of Victoria Maidan which would benefit the locals and visitors.

Organiser-NCC, Muralidhar Girls' College

Total no of NCC cadets who participated=10



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NCC Cadets participated in Pinkathon in February 2019.It is a social movement that supports women's health and fitness and endeavors to create awareness about Breast Cancer.

In partnership with Women's Cancer Initiative(WCI) and Tata Memorial Hospital, the proceeds from Pinkathon are directly donated to WCI

At Pinkathon fitness is used as a medium to spread awareness amongst women. The run hopes to inspire women and give them a sense of achievement that they have been part of worthy cause i.e. themselves.

No of cadets who participated=21

Vinjalkini Dian

Muralidhar Girls' College?



### **VOTERS' DAY RALLY 2019**

Muralidhar Girls' College NCC unit organized a awareness rally on 25<sup>th</sup> January 2019 voters Day .. The main purpose of the rally was to encourage enrolment, especially for the new voters. The rally sought to promotine awareness among the voters and facilitate informed participation in the electoral process

No of participants-21



Knigallin Bien



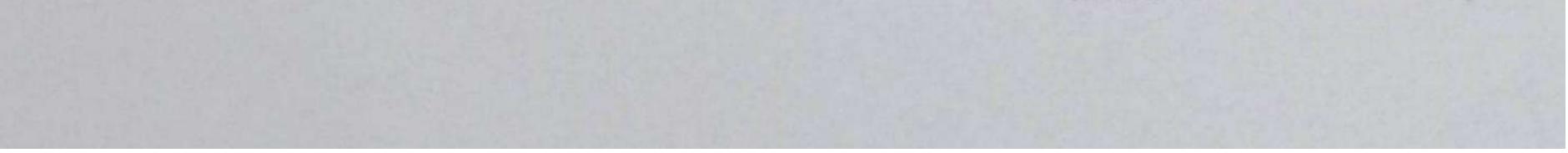
# HEALTH CAMP CONDUCTED BY NSS, MURALIDHAR GIRLS' COLLEGE IN ASSOCIATION WITH MEDICA SUPER SPECIALITY HOSPITAL (3<sup>RD</sup> AND 4<sup>TH</sup> OCTOBER 2018)

On 3rd and 4th October (2018) Medica super speciality hospital in association with NSS, Muralidhar Girls' College conducted health awareness programme. Students teachers and other community members like slum dwellers and people staying under Bijon setu in the neighbourhood of the college came for health checkup in the college. Blood pressure and diabetes check-up etc. were undertaken.

No of participants-65



Kiegalun Biwen



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#### CLOTHES DISTRIBUTION TO THE UNDERPRIVELEGED (25.2.18)

On 25.2.18 clothes distribution to the underprivileged was undertaken by NSS Muralidhar Girls' College Unit as a part of NSS Special camp 2018.

Participants-15



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Kingelin Dian

Principal Muralidhar Girls' College;

#### Poster campaign on Environmental Awareness (11.09.17)

Poster campaign on Environmental Awareness on 11.09.17 by NSS volunteers under the supervision of Programme officers.

No of participants-30



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